



SAFE DELIVERY APP TRAINING CHECKLIST

This document is a preparatory guide for conducting an introductory training of the Safe Delivery App (SDA) to skilled birth attendants, such as midwives.

PRIOR TO TRAINING:

Ensure the following:

- ✓ **There is adequate space on the phone** to download the SDA, approx. 81M for Android and 105M for iPhone. The newest app version (2.0) takes up 65 MB.
- ✓ **The phone or tablet is compatible with the SDA:** Android 4.0.3 and up; iPhone/iPad/iPod touch iOS 7.1 or later; no windows phone option currently.
- ✓ **The phone is fully charged prior to the training** and/or that chargers and electricity are available at the training.
- ✓ **There is internet to download the App in the training location**, if not plan ahead to have App file on at least 1 device and use bluetooth and/or USB cord to transfer APK file or **download onto phones** ahead of time in location where there is internet.

CHECKLIST

Prior to doing an introductory training of the Safe Delivery App with skilled birth attendants, the following should be prepared. Kindly note that the checklist should be adapted to the specific setting and set-up planned. The checklist may vary depending on the program and activities needed. Documents like the phone agreement are developed to the project and by the project, not by MF. The below checklist is for your inspiration and help in planning your Introduction Training.

- ✓ Outline a program/agenda for the training which includes which staff will be involved and what their roles are. You should have a few senior midwifery/program staff to lead the session(s), and 1-2 trainers who have been trained by Maternity Foundation or who have reviewed MF's training materials and have a solid understanding of the Apps features and functionalities and can answer questions.
- ✓ Ensure all relevant stakeholders (e.g. local authorities, within the health system) are informed, engaged and take ownership as needed or appropriate
- ✓ Skilled birth attendants are invited to the training well in advance and or the training is integrated into another pre-existing training/ convening
- ✓ Create an attendance list that includes:
 - Name, facility, district, mobile number, and ID list of skilled birth attendants and print this out (also, ensure ID numbers from the SDA¹ are registered BEFORE you go to the site)
- ✓ Agreement forms are discussed formally with relevant authorities² BEFORE the launch
- ✓ Agreement forms printed and ready for signatures
- ✓ All phones are checked to ensure that the SDA installed on first page, the 100% charged, and GPS is turned ON.

2-DAYS TRAINING:

Day 1

On the first day the participant must complete the following steps, which are conducted on the smartphone;

Session A: Agreements regarding phone ownership and use (if phones are handed out)

- Go through the agreement and ensure it is understood by all
- Enter the unique phone ID on the agreement → sign → hand out the corresponding phone and copy of agreement

Session B: Phone introduction and practical session

- Phone familiarization:
 - how to switch on/off
 - how a smartphone works (swipe, click, applications, battery, SIM card)

¹ The ID number is a unique app ID found in the Safe Delivery App in the "About" menu below "Reset user profile".

² Relevant authorities may consist of but are not limited to: regional and national ministries/ departments of health and ICT and regulatory bodies on ICT.

Take your time in this session. Make sure the skilled birth attendants understand everything, and HELP them to understand how they do it, through careful demonstration and patient supervision.

- a) Fill out the user profile on SDA on phone
- b) Take the knowledge test (KFQ) (see section below for further explanation)

Day 2

On the second day the participant must be familiarized with the phone device and the Safe Delivery app, so that they are proficient in using it.

Session A: Introduction to the Safe Delivery app led by a highly skilled SBA who can answer technical questions.

- Purpose of the SDA:
 - to provide them with an in-service support tool, especially in emergency situations
 - to provide them with a way to continually improve and refresh their knowledge and skills over time
- PowerPoint presentation on SDA (*Note: can be altered according to your needs*)
- Demonstration of SDA features and functions
- Screening of the SDA films
- Q&A on SDA films
- Key elements for trainer to explain:
 - App is free for download
 - App doesn't use data once downloaded, so it won't cost anything after download in terms of data cost
 - App doesn't require internet or mobile connectivity to use
 - Maternity Foundation will make sure that the data collected through the platform will only be disseminated in an aggregated and individualized manner. No sensitive personal information will be shared.

The expert SBAs on the introductory team must feel confident that the content of the films is correctly and thoroughly understood by the participants, by the end of this session.

B. Practical session on the Safe Delivery App:

The trainer should slowly go through each feature of the Safe Delivery App, together with the skilled birth attendants. The skilled birth attendants should themselves do everything you do on their own phones. Don't do it for them, but be patient and let them do it themselves. Check that they understand and learn how to use it. Take your time to go over this.

- The location of the 10 Films and how to open them
- How to "play all" and how to play each steps in the films
- How to enter and use the essential drug list
- How to enter and use the equipment list
 - i. With regards to the drug and equipment list: it is important the trainer recognize that many times drugs and equipment available in practice will vary from what is found on the App. The App contains a

comprehensive reference to drugs and equipment, which may differ from what is available in the clinical setting.

- How to use the action cards

Make sure you have explained additional features:

- GPS
- Push messages

Let the skilled birth attendants sit and play with their phones and the SDA on their own for 15-30 minutes. They can discuss among each other and help each other. The doctor/ experienced SBA should sit with them and help if they need assistance, invite questions, both about the smartphone device and on the SDA. The doctor/ experienced SBA should make sure they feel free and know that there is no such thing as stupid questions in particular because this is new so they can ask anything they need.

It is pivotal to ensure that the SBAs have understood and know how to use the App and/or phone. Before concluding, the trainers must feel confident that this is the case. If not, they need more information and practice.

Probe specific questions to gauge their level of understanding:

- What part of the app was useful to you? Why?
- Can you provide examples of when you will use the app? The videos? The action cards? The procedures? The drug list?
- What will help remind you to use the app?
- Etc.

Session C: Summary and conclusion

Wrap up by summarizing the features of the phones

- Videos
- Action cards
- Procedures
- Drug list

Encourage them to keep using the app and all its features; to watch ALL videos frequently. Suggest using something every day, and ask each other questions to remind each other to use it. Explain that repetition and frequent use are critical to the App's impact- the more you use it, the more effective it will be.

Finally, highlight that the App can help them in their work and help them retain their skills to save mothers and newborns. Emphasize how important they are in their role in helping mothers and babies.

End by outlining the way forward, and explain what will happen now with regards to phones (if provided), follow-up, questions or problems with the App going forward.

ROUTINE SURVEYING AND M&E:

Below questions should be included in your general monitoring of the sda usage

- Collect along with Name/ profession/ location/ associated program:
- Do you use the Safe Delivery App?
- How often and in what ways?
- What features and functions do you use?
- What do you like most/ find most helpful?
- What do you find least useful/ like the least?
- What could improve the SDA?
- Any additional comments or questions on the SDA